



# Menstrual Health: Learnings from the Ritu Programme in Bangladesh

Share-Net Netherlands kindly invites you for an online meeting on *“Menstrual Health: Learnings from the RITU Programme in Bangladesh”*.

This meeting is organised by the Dutch and Bangladeshi partners who have been involved in the Ritu programme for the past four years: Simavi, TNO, DORP, BNPS and RedOrange.

The Ritu programme aimed to promote menstrual health in Bangladesh. The main goal was to structurally improve the health, wellbeing, and social and economic participation of girls between 10 and 15 years old. The Ritu Programme consisted of three main elements: 1) the interventions in Netrakona that are directly targeted at school girls, 2) a national communication and advocacy campaign, and 3) the development of a biodegradable sanitary pad.

The aims of this online meeting include:

- To present the advantages of organising a programme on menstrual health
- To share the main lessons learned from the four year programme
- To exchange with the audience on questions and next steps on how to improve menstrual health programmes



## Invitation and Programme

**3 December 2020**

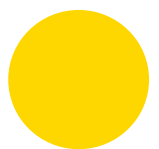
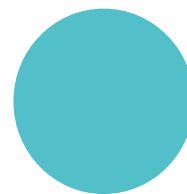
**12.00 – 13.30**

Online with Zoom

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*Please register via the following [link](#).*

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# Programme

12.00 - 12.05	<b>Welcome</b>
12.05 – 12.15	<b>The Ritu Programme: Background and Results</b> by <b>Hilda Alberda, Director of Monitoring, Evaluation and Learning, Simavi</b>
12.15 – 12.30	<b>Panel Discussion with Simavi, TNO, DORP, BNPS and RedOrange</b>
12.30 – 12.40	<b>Q&amp;A Session</b> Participants will have the opportunity to ask the partners questions about the programme and their experiences
12.40 – 13.15	<b>Breakout Room Sessions</b> <ul style="list-style-type: none"><li>• Adaptive programming: how to use evidence and monitoring data to ensure programme quality by <b>Marianne van Diggele, Planning, Monitoring and Evaluation Officer, Simavi</b></li><li>• Public-private partnerships: how does technical innovation strengthen social interventions: developing a biodegradable sanitary napkin by <b>Mathilde Miedema, Programme Manager, TNO</b></li><li>• Edutainment: how to use social media to start the conversation on menstrual health by <b>Nakib Ahmed, Head of Programmes, RedOrange</b></li><li>• Advocacy on menstrual health: how to build a multi-sectoral platform and other strategies by <b>Mahbuba Kumkum, Ritu Programme Manager, Simavi</b></li><li>• School-based MH/SRHR interventions: how to integrate and sustain MH (SRHR) education in schools <b>Khondoker Ariful Islam, Director, BNPS</b></li><li>• WASH in schools: how to include WASH in MH (SRHR) interventions <b>Mohammad Zobair Hasan, Chief (REM), DORP</b></li></ul>
13.15 – 13.25	<b>Sharing in Plenary</b>
13.25– 13.30	<b>Closing</b>