

SRHR & COVID-19

MESSAGING CHECKLIST

What is the aim of the message? Who is the target **audience**, and do you know about its context? Is the **shared value** between you and the audience stated at the beginning of the message? What is the **problem** that needs to be addressed? Is the origin or cause of the problem clear and is a workable solution offered? Is the language clear, inclusive, person-centred and decolonial? Is the message anti-stigma and also promoting equity and human rights (anti-racist and non-discriminating)? Which people in my target audience can understand and access this message and who cannot? How can I help other people understand or access this message? Is the message positively framed? Does it avoid 'usthem' thinking, polarisation and/or stigma, and negative metaphors? Do the elements used make the message real and memorable (e.g., telling a story including beliefs, feelings and values; using visual aids and/or using repetition)? Does the message **avoid unnecessarily repeating** the words of the opponent, myths and/or conspiracy theories? Is the **messenger** a trusted person, and does the **medium** that spreads the message interact with the audience? Is the message **tested** before use and is the message adjusted

to the outcomes of these tests?

